



## BONE BIOPSY DISCHARGE EDUCATION

### **Information:**

A bone biopsy is performed by placing a special needle into the bone and removing a small sample. This sample is sent to the lab to test for infection, cancer and other disease.

### **What should I expect after the Bone Biopsy?**

- There may be some soreness around the biopsy site.
- You may return to work after 24 hours, unless your primary doctor instructs you otherwise.
- You do not have any diet restrictions because of this procedure but should continue any that were given to you by any other doctors.
- Continue Coumadin/warfarin and all previously prescribed medications **with the exception of Pradaxa, Xarelto, Eliquis or Savaysa which can be resumed after 24 hours.**

### **Bathing & Wound Care:**

- You may shower after 24 hours; do not tub bath or submerge in water for 3 days (bath tub, hot tub, swimming pool, river or any other body of water).
- Dressing to stay on 2-3 days (clean and dry)
- Apply ice to affected area as needed for 10 minutes each hour.
- If the biopsy site(s) become red, tender, swollen, or starts to drain, contact us.
- Avoid heavy lifting and strenuous activity for 24 hours.

### **Follow-up visit information:**

Your ordering physician will typically get your biopsy results in three to five business days. If you do not hear from the ordering physician in 7 business days, please call his/her office to set up an appointment to review the results. Follow up with Interventional Radiology is not usually necessary.

### **Occasionally, a situation will require prompt attention and an emergency room visit is necessary:**

- Active bleeding that does not stop after applying pressure to the area for 15 minutes
- New numbness or tingling in the leg or foot on the side of the biopsy
- Increasing redness, swelling or drainage from the biopsy site
- Increasing pain not relieved by medication
- Bleeding or drainage from the needle site that is saturating the dressing
- You have shaking, chills and/or a temperature over 100.3°F
- New, sudden difficulty breathing
- Drop in blood pressure, and/or light-headed feeling
- Sudden chest pain, shortness of breath, or fainting

With these urgent situations, please call Medford Radiology to see what your best course of action is.

### **If you received Conscious Sedation (IV sedation) and are discharged the same-day:**

- You must have someone drive you home when you leave the hospital.
- For 24 hours after your procedure, do not do anything where you need to be mentally alert. This includes driving, making important decisions, operating machinery, signing important papers, etc.
- Eat light for the first 24 hours, and then start eating more as you are able. Drink plenty of fluids.
- If you are taking pain medications:

- Take as directed
- Do not drink alcohol while taking narcotic pain medication
- Do not drive
- If you are constipated, drink more fluids and eat more fiber. You can also use an over-the-counter stool softener.

**For any questions please contact Oregon Interventional Radiology Clinic at 541-618-5801**

**In all emergency situations call 911**